

YOU Are a Writer

Recommended Reading

[Will I Ever Be Good Enough? Healing the Daughters of Narcissistic Mothers by Karyl McBride](#)

[The Codependency Manifesto: Clearing the Way Out of the Codependent Mind by Lisa A. Romano](#)

[Boundaries by John Townsend and Henry Cloud](#) (Christian perspective)

[Transforming Your Dragons by Jose Stevens](#) (Shamanic perspective)

[The Empath's Journey by Ritu Kaushal](#)

[The Gifted Adult: A Revolutionary Guide for Liberating Everyday Genius by Mary-Elaine Jacobsen](#)

[Loving What Is: Four Questions that Can Change Your Life by Byron Katie](#)

[The Creative Wound: Heal Your Broken Art by Mark Pierce](#)

[Writing to Awaken by Mark Matousek](#)

[The Biology of Belief by Bruce Lipton](#)

[Power vs. Force by David Hawkins](#)

[The Inner Game of Tennis by W. Timothy Gallwey](#)

[If You Want to Write: A Book about Art, Independence, and Spirit by Brenda Ueland](#)

[Be Here Now by Ram Dass](#)